



COVID-19

Links to Support Families During the Coronavirus Crisis

Please note that these resources are not affiliated with **MPACT**, and **MPACT** does not recommend or endorse these programs or services. This list is not exhaustive and is provided for informational purposes only.

- For the most current information about school district meals for students, families are encouraged to check their local district website or call the district office. DESE provides a list of districts throughout the states with direct links to district websites and contact information. [Missouri School Directory](#)
- The Missouri Department of Health tracks statewide spread of the coronavirus, provides COVID19 information, current news and provides a Corona Information Hotline: 1-877-435-8411. <https://health.mo.gov/>
- The Center for Disease Control (CDC) maintains a page to track national news and updates related to the outbreak. <https://www.cdc.gov/>
- The Early Childhood Technical Assistance Center (ECTA) has a webpage on tele-intervention. Topics include training for families learning to navigate technology for online learning and appointments. <https://ectacenter.org/>
- PsychCentral.com suggests [7 Health Activities ABA Providers can use with Children with ASD](#)
- [The Child Mind Institute](#) provides access to live video chats with clinicians, tele-medicine and more. The agency provides guidance in English and Spanish and offers parents an opportunity to sign up for a [COVID19 Tip of the Day](#).
- The US Department of Agriculture provides guidance about [Food and Nutrition Services](#), including information about waivers available because of the pandemic.
- [The Family Network on Disabilities](#) (FND) provides English and Spanish versions of a visual resource that describes the Department of Education guidance for serving children with disabilities during the pandemic.
- [UNDERSTOOD.ORG](#) Will have weekly updates to help you cope, advice on how to prepare your child for online learning at home, and ideas on how to keep your child active while staying at home.
- [World Health Organization](#) COVID 19 Questions and Answers, advice and guidance.

ADDITIONAL RESOURCES:

CENTER FOR DISEASE CONTROL (CDC)

- [Coronavirus disease \(COVID-19\) outbreak](#) (World Health Organization)
- [Your COVID-19 Questions Answered](#) (Johns Hopkins University & Medicine)
- [COVID-19 \(Coronavirus\): What You Need to Know](#) (Children's Mercy Hospital)
- [Coronavirus \(COVID-19\)](#) (CDC)
- [How to Protect Yourself](#) (CDC)
- [Caring for someone at home](#)
- [ASL CORONAVIRUS INFO](#)

DESE

- [CORONAVIRUS INFORMATION FROM DESE UPDATED](#)

DISABILITIES AND COVID19

- [Supporting Individuals with Autism through Uncertain Times](#)
- [Ten COVID-19 Preparations To Do RIGHT NOW for Medically Complex Families](#)
- [Coronavirus Responses & Resources](#) (Autism Society)
- [Down Syndrome & COVID-19](#) (NDSS)
- [Coronavirus: What People With Asthma Need to Know](#)
- [Guidance on COVID-19 for the Cystic Fibrosis Community](#) (Cystic Fibrosis Foundation)
- [What You Need To Know About Coronavirus](#) (Multiple Sclerosis Society)
- [COVID-19 & Diabetes](#) (American Diabetes Association)
- [Concerns About COVID-19 and Epilepsy](#) (Epilepsy Foundation)
- [COVID-19 Information By and For People with Disabilities](#)
- [How The COVID-19 Crisis May Impact Children With Severe Mental Health Conditions & What To Do](#)
- [BRAIN INJURY ASSOCIATION](#)
- [Checklist for Teaching Deaf Students Online](#)
- [Hospitalization Communication Guide For the deaf, hard of hearing, blind/deaf](#)
- [NATIONAL DEAF CENTER FAQ](#)
- [MISSOURI DEVELOPMENTAL DISABILITIES COUNCIL COVID19 RESOURCES](#)
- [AUTISM COVID19 TOOLKIT](#)

EDUCATION

- [US DOE CORONAVIRUS FACT SHEET](#)
- [US DOE RESOURCES](#)
- [IDEA AND COVID 19 Q&A](#)
- [DEPT OF EDUCATION Q&A PROVIDING SERVICES TO CHILDREN WITH DISABILITES DURING COVID19 CRISIS](#)
- [FERPA and Virtual Learning](#) (U.S. Department of Education Student Privacy Student Privacy Policy Office)
- [FERPA and the Coronavirus Disease 2019 \(COVID-19\)](#) (U.S. Department of Education Student Privacy Student Privacy Policy Office)
- [COVID-19 and Students with Disabilities](#)
- [Education Companies Offering Free Subscriptions](#)

FAMILY RESOURCES/EDUCATION AT HOME

- [NATIONAL PARK VIRTUAL TOURS](#)
- [KHAN ACADEMY](#)
- [K5 LEARNING FREE PRINTABLES](#)
- [NASA KIDS CLUB](#)
- [PBS Fun for Kids](#)
- [FREE ONLINE SPEECH THERAPY RESOURCES](#)
- [SPED WEBSITES FOR STUDENTS AND PARENTS](#)
- [KIDS STORIES IN ASL](#)
- [GOOGLE CLASSROOM GUIDE](#)
- [AUTISM SUPPORT](#)
- [E-LEARNING: DOING MY SCHOOL AT HOME](#)
- [ELEARNING SUPPORT FOR STUDENTS WITH IEP'S](#)
- [COPING WITH SCHEDULE CHANGE](#)
- [VIRTUAL MUSEUM TOURS](#)
- [MANAGING PROBLEM BEHAVIOR AT HOME](#)
- [PARENTCENTERHUB.ORG CORONAVIRUS RESOURCES](#)
- [FOR TEACHERS: TEACHING THE SKILLS THAT MATTER IN A HOME ENVIRONMENT](#)
- [Covid19 Fact Sheet for Grandfamilies and Multigenerational Families](#)
- [ONLINE LEARNING EXPERIENCES AND ACTIVITIES FOR KIDS](#)
- [MISSOURI ASSISTIVE TECHNOLOGY](#)
- [CENTER FOR PARENT INFORMATION AND RESOURCES: COVID19](#)
- [MIDCONTINENT PUBLIC LIBRARY RESOURCES](#)
- [FREE EDUCATIONAL SUBSCRIPTIONS](#)

FINANCIAL

- [Coverage and Benefits Related to COVID-19 Medicaid and CHIP](#)
- [Dept. of Labor: Unemployment/Workmans Comp.](#)
- [Governor Parson Press Release Important Info 3.21.20](#)
- [United Way Financial Assistance](#)
- [Internet Assistance](#)
- [FIND YOUR FOOD BANK](#)

JUST FOR KIDS

- [Talking to Children About COVID-19 \(Coronavirus\): A Parent Resource \(NASP\)](#)
- [Talking to Your Child about COVID-19 Based on Their Age \(Parents Lead\)](#)
- [5 Ways to Help Children with Coronavirus Anxiety](#)
- [FAMILY FUN GAMES](#)
- [AUDIBLE.COM FREE STORIES FOR KIDS OF ALL AGES](#)

MENTAL HEALTH

- [Coping With Stress During Infectious Disease Outbreaks \(SAMHSA\)](#)
- [Protecting Your Mental Health During the Coronavirus Outbreak \(American Foundation for Suicide Prevention\)](#)
- [Mental Health and COVID-19 – Information and Resources \(Mental Health America\)](#)
- [Tips For Social Distancing, Quarantine, And Isolation During An Infectious Disease Outbreak \(SAMHSA\)](#)
- [NAMI HelpLine Coronavirus Information and Resources Guide](#)

- [19 Ways to Support Your Mental Health During COVID-19](#)
- [Care for Your Coronavirus Anxiety](#)

MILITARY FAMILIES

- [What Military Families Need to Know About Covid-19](#)
- [Coronavirus Information for Our Military Community](#)
- [Support for Financial Stresses Caused by COVID-19](#)
- [Request Emergency Financial Assistance if Impacted by COVID-19](#)
- [Addressing Emotional Responses to Threat of Coronavirus \(Tri-Care\)](#)
- [Defense Health Agency Officials Answer Questions on COVID-19](#) (US Department Of Defense)
- [TriCare Covered Telemedicine Services](#)

MULTILINGUAL

[Covid-19 resources in En Espanol](#)
[Multilingual Resources on COVID-19](#)

OSEP/OCR

- [Supplemental Fact Sheet Addressing the Risk of COVID-19 in Preschool, Elementary and Secondary Schools While Serving Children with Disabilities](#) (Office of Civil Rights, OCR) 2/21/2020
- [Fact Sheet: Addressing the Risk of COVID-19 in Schools While Protecting the Civil Rights of Students](#) (OCR)
- [OCR Short Webinar on Online Education and Website Accessibility](#)
- [Questions and Answers on Providing Services to Children with Disabilities During the Coronavirus Disease 2019 Outbreak – March 2020](#) (Office of Special Education Programs, OSEP)